

# Vahana Sunshine from the Caribbean!

## How to Raise Your Spiritual IQ Regional Seminar!



In December 2024, Claudia Schwarz, RESA of the Dominican Republic, held this innovative seminar aided by ECK volunteers from the US and beyond. The event brought 22 seekers, 21 chelas, and 21 young-adult students from a nearby educational center!



This one-minute video is sure to light your Vahana fire!



See the promotional video at [Eckankar.org/IQtoolkit](https://Eckankar.org/IQtoolkit).

The RESA Star asked Claudia, "What led to your success?"

◆ "It is about the God seeker, not the guest speaker."

◆ The event gave newcomers the chance to share from their hearts in discussion circles. This was more effective than highlighting a guest speaker.

◆ The entire ECK team focused on serving the seekers. This brought a special energy into the region. **One newcomer said she had "never been in the same space with so many highly vibrating people."**



### Visibility

A two-sided billboard made a big impact. **A seeker said he felt its presence** when driving by several times. The third time, **he read the sign and knew he had to attend.**

### ECK Benefits: Simple and Deep

Talks and discussions included:

- How to Raise Your Spiritual IQ
- Turn Challenges into Opportunities
- Past Lives, Dreams, and Spiritual Experiences
- What Do My Dreams Mean, and How Can They Help Me?

### "How to Raise Your Spiritual IQ" Brings 21 Young Adults

Claudia sent the seminar poster to the director of a local, nonprofit for young adults. **The director excitedly responded** about the RYSIQ theme: **"It seems you sent this just for me! I would love for my graduates to benefit from these insights."** The young adults attended discussion circles on (1) dreams, (2) mastering changes, and (3) building spiritual self-confidence. All learned about the HU in a "spiritual treasure hunt," making it an interactive and playful event.



### Dynamic Flexibility

"The heartsong of this was a real pioneering structure. With the RYSIQ! umbrella theme," Claudia noted, "we can do workshops, we can do seminars, we can do any kind of public event to plant seeds and reach the ready."

**Action Item: Check out**  
[Eckankar.org/IQtoolkit](https://Eckankar.org/IQtoolkit)

See newly added resources, including the above promo video, the seminar program, and more photos.